Volume 18, Issue 1 Spring 2020

Comban Formation of the Comban



BUCKLER'S

Chairman's Column



You have all heard me ask for help. We urgently need a volunteer to be Vice Chairman leading to Chairman in November 2021 as I am allowed only 3 years. Sex is not an issue – the Chairman can be a lady so please put yourself forward if you can. YOUR U3A NEEDS YOU!

I am delighted to say we have recruited a new Secretary. Ann C kindly stood in as we must have someone in the role and fortunately Diana T has stepped forward to take on this post. We thank her and hope she enjoys it.

You may recall that we had a wonderful bequest from the R's and the committee decided that we would use it to have a special event during each Chairman's period of office. I am arranging an Antiques Roadshow type event at the Menuhin Hall on Sunday 6 September. There will be talks and after lunch people can have 2 items examined by any of Eric Knowles, Hilary Kay or Andy McConnell. The cost of the Hall and experts will come from the bequest and you will be asked to pay towards the lunch.

Because of Coronavirus the trips to the Mini Factory and Sissinghurst have been postponed and the holiday to Ironbridge is cancelled. At the moment we have not cancelled the Summer Event on 5 July or the Kent & East Sussex Railway trip on 19 July but that is possible. We cannot be sure when Monthly Meetings will resume but will keep you informed.

Rejoin us when you are permitted to but in the meantime obey the Government's guidance and stay safe.

John E

Two Summer Trips in 2019

Bucklers Hard Maritime Museum and River Cruise in June



We stepped back in time to the 18th Century with a visit to Buckler's Hard on the Beaulieu Estate in the New Forest. Originally planned as a sugar port in the 1720s, it actually flourished as a naval shipbuilding centre providing ships for Nelson's fleet including HMS Agamemnon, described as Nelson's favourite warship.



Met by "inhabitants" of the village, we were taken round the Maritime Museum with exhibits of how warships were built, models of the Battle of Trafalgar warships built at Buckler's Hard, artefacts belonging to Nelson and an insight into the day to day life of the workers. It was a hard existence - Shipwrights earned the most – 20 to 30 shillings a week whilst others, as work was irregular, had to rely on subsistence under the terms of the Poor Laws. We

visited a Worker's cottage and listened to villagers' conversations describing how the families lived in cramped meagre conditions and St Mary's Chapel in the front room of No 82 which seats 40 and is still used regularly for services. Legend has it that a hidden cellar viewed from the Chapel was used by 18th Century smugglers!

A cruise on the Beaulieu River introduced us to a large variety of habitats – shingle banks, mud flats, salt marshes – and the River's extensive wild life. This tidal river is one of only a few privately owned rivers in the world

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and forms part of the Beaulieu Estate with Lord Montague exercising the associated rights and obligations granted to the monks of Beaulieu Abbey by King John in 1204.

Buckler's Hard is now a tourist centre with the Captain's Cabin Tearooms and the New Inn (first opened in 1752!) ready to refresh visitors.

Mary H

Scotney Castle in August



We boarded our coach for our trip to Scotney castle keeping our fingers crossed that the rain stayed away, it did!

What a beautiful setting. The ruins of a medieval moated Manor House sitting on an island on a small lake is a gem, built around 1380. The surrounding gardens a

pleasure to walk around and discover many of the gorgeous flowers. We

never found the dinosaur footprint in the old quarry, which is now a sunken garden but we did come across beautiful and unusual gentians. The "new" castle built around 1840 was full of very interesting memorabilia, scrap books, photo albums and documents of a family man's WW1 and it felt like a family still lived there.

We had tea and coffee and a lovely slice of home made cake in the café which also served light lunches.



We wandered into the walled garden full of flowers and vegetables which are used in the cafe. There was a stall selling the garden produce and people were enjoying a picnic in the sun.

We board our coach for the short journey to the quaint village of Lamberhurst to have our lunch at the George and Dragon Inn. We enjoyed a leisurely lunch and a glass or two of wine. Julie and her friendly staff made sure we were all very well looked after.

Our journey home went well and we are sure everyone slept well with full tummies and fresh air. Roll on next summer!

Mary B and Anna B

Jenny's Quiz Corner



- 1. Who is the new Attorney General?
- What did Humphrey Bogart say to the pianist in Casablanca?
- What is the offspring between a male tiger and female lion called?
- 4 Name the three original hosts of Blue Peter?
- 5 Who became the Captain of the England football team in 2018?
- 6 Which singer sang three of the James Bond themes?
- 7 Name the 40th President of the United States of America?
- 8 What is the collective noun for peacocks?
- 9 Which town has a church with a twisted spire?
- 10 What is the Jewish word for boldness or brazen?

Answers on back cover

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Our January Meeting



our January monthly meeting was very well attended and we thought it had something to do with our speaker. We were right.

His name is Andrew B and his talk was entitled "DONALD TRUMP".

Andrew is a fluent, engaging and entertaining speaker with an interest in social and cultural changes in our world, since the first World War. He has given lectures and presentations to a range of audiences and is also a regular cruise ship lecturer. He has taught in Grammar schools for over 40 years.

All in all he is a very interesting man.

His subject "DONALD TRUMP", interested us, amazed us and made us laugh as he told us in such a way that it was impossible to fall asleep.

We were told things we didn't know about Trump and this prompted gasps and laughter from his audience. At no time ever did he run the man down he just gave us the facts that he had gathered over the years, allowing us to make up our own minds as to what we thought about the President of USA.

We all left the meeting chatting, laughing and in a very happy mood and all because of TRUMP but more so because of "ANDREW B".

Ann C

Motor Group Plus - V&A CARS Exhibition

The Motor Group Plus started 2020 with a visit to the Victoria & Albert museum to see a special exhibition entitled CARS - Accelerating the Modern World. There were several car exhibits that had not previously been on display in the UK. The exhibition shows how over the last 135 years the impact the car industry has had on the world of design and production. The



exhibition starts with what is considered to be the first-ever production car, an 1888 Karl Benz Motor -wagen and finishes

with a concept 2017 flying car designed by Audi-Airbus and Italdesign.

The cars and other related objects are displayed across three main sections – Going Fast, Making More and Shaping Space. Each item in these three zones represents how in various ways the car has changed how we live, including how our love of speed has inspired visual culture, and how changing landscapes have impacted on buying habits.



Going Fast illustrates how car technology quickly developed by placing speed as a

priority for its design. Examples include the Firebird 1 concept car which was produced in 1953 by American General Motors, having taken inspiration from the latest jet fighter aircrafts at that time.

The final section, Shaping Space, shows how the car has changed the world's landscape and urban infrastructure. This includes the rivalry between electric and petrol cars in the late 1800's and how the preferred petrol cars gave us our world-wide network of roads and vast oil economy.

After visiting the exhibition members went for a pleasant lunch at the Zetland Arms (South Kensington), which dates back to 1840 and was previously owned by Charlie Chaplin.

Note: Cars: Accelerating the Modern World is on at the V & A Museum until 19 April 2020.

Mike M

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Sew and Sew Group

We now have a new name and are back to meeting in the Waterfield Room in The Old Barn Hall from 09:30 to 12:00 on 2nd and 4th Fridays.

We are the same group of ladies having a great time making a wide variety of things using wide variety of needles! Examples are the teddies, a knitted shawl for a forthcoming grandchild,



socks, picnic quilt and various pieces of embroidery.

This ever-popular group currently has vacancies.

Eileen J

Ukulele Group

Our Ukulele group started last year, but it has taken almost 6 months to get dates and times fixed to everyone's satisfaction. Counting myself, (group Leader) we are 5 in number.



For the players this was hard work as they had never played an instrument before, apart from one who plays the piano. So I started them off with easy nursery rhymes and slowly moved forwards. They can now play more than 8 songs and some of them sing a long including myself. I expect you are surprised that with a bit of luck, help and ingenuity they can all finish

at the same time. I can only say to them, well done for putting up with me and taking on board my teachings.

The photograph is one member short as she decided to go on a cruise. So keep it up all of you, Carnegie Hall will soon be our destination.

Cookery 1

We continue each month finding new and interesting themes and creating a 3 course meal accordingly.

Since 3 of our group have just enjoyed holidays in the Caribbean, for our March lunch we ate Caribbean.

The menu: Caribbean toastie cups with avocado, mango and mint as a starter, followed by Caribbean chicken curry with Caribbean rice and peas and Caribbean salad as a main and the most delicious dessert called Caribbean Creams.

This recipe follows and is amazing. Try it and enjoy...I know you will.



Serves 4

175 grams coconut flavoured yogurt

175 ml double cream

1 tbsp coconut rum such as Malibu

1 tsp melted chocolate

1 banana

2 tbsp dark brown muscovado sugar

- Stir together the yogurt and cream with Malibu and whisk until slightly thickened
- 2. Slice banana and share between 4 dishes. Layer in bottom and cover with chocolate
- 3. Spoon in yogurt mixture filling dishes equally
- 4. Sprinkle 1 tsp or so sugar over top, wrap in cling film and chill in fridge overnight or for a day

Jackie S

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French Conversation 2

To celebrate another series of lively conversation on a wide variety of topics, we held our end of term party in December and all of the group were able to attend.

We enjoyed a delicious lunch including French cheeses and wines, quiches, patés and salads.
Afterwards we sang carols and studied French poems.

This is one of the moving poems about an old man and his dog.

nes, ols ns.

Lesley H

Bonne Année à tous -

Le vieux et son chien

S'il était le plus laid De tous les chiens du monde, Je l'aimerais encore A cause de ses yeux.

Si j'étais le plus vieux De tous les vieux du monde, L'amour luirait encore Dans le fond de ses yeux.

Et nous serions tous deux, Lui si laid, moi si vieux Un peu moins seuls au monde, A cause de ses yeux.

Pierre M

South East Region Autumn Gathering at Alton Community Centre

Chris W, Ann C and Brenda K attended the South East Region U3A's Autumn Gathering at Alton Community Centre on Monday, 11 November 2019 from 9.30 to 16.30.

On arrival, the first important matter was a nice cup of coffee followed by registration, then the introduction by Bob D SE Regional Trustee. This was followed by Carole C and Beryl S; their subject "Interest Groups" re guiding principles, roles and responsibilities. We were then divided into groups and asked to discuss 3 separate scenarios concerning some problems that arise re group activities. This concluded with each group reporting on their findings which was then discussed until coffee break.

lan McC, Chairman of Third Age Trust, discussed the Movement and future opportunities and challenges.

The next very important subject was LUNCH. After a good buffet lunch it was then back to business.

We were again divided into different groups in different rooms to discuss set subjects - eq

How to Learn the U3A way.

Having fun with on-line learning.

Research for your U3A.

Ideas for new groups (report on your own club's successes)

This was a very full day, well organised and there is always something to learn.

Chris W, Ann C and Brenda K

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Motor Sports Plus Group

2019 was a year of change for our group with Mike M taking over the Chairman's role from Charles P. There are now 26 members who are enjoying the many and varied events that are being provided.



Here is a selection of some of the locations that we have visited during 2019.

London Steam Museum De Havilland Air Museum Bluebell Railway & Car Run Submarine Museum **RAF Museum Hendon**

One of the highlights of the year is Mike and Judy's BBQ, fantastic and of course the Christmas dinner at the Italian restaurant in Fetcham where we are well looked after.

Sadly one of our members, Adrian C passed away just after Christmas and our sincere condolences go to Jenny and family. Adrian was a founding

> member of our group, his knowledge and enthusiasm will be severely missed.

As you can see we are a very social group with an underlying interest in anything that has wheels, flies or floats. Please visit the U3A website where you will find a list of events planned

throughout 2020. If you would like to join us, give Mike or David a call. You would be made most welcome.

We are also going to increase the number of lunches at the Anchor this year as these are proving very popular, with 18 Members attending in November, mainly to make plans for 2020. Not too sure enough attention was paid to the planning but the lunch and company were

excellent

RAF Museum Hendon

David N

Vegetable Gardening

t is now time to plan our visits for the coming year after our Anniversary Lunch in February at The Bell in Fetcham.

I did go up to the allotment for the first time after Christmas and pulled up a few turnips which came up so easily due to all the rain we have had. The one consolation is that the weeds also came up easily as well, although I didn't linger as it was too cold and I am really a fair weather gardener.

The highlight of the Autumn was a visit to the Compton Nursery near Guildford. organised by Elaine C. The allotments were created in the 1830s as a scheme



to alleviate the sufferings of the poor of the parish. It enabled them to grow some of their own food. It is a very interesting history which is published in a small pamphlet by residents who have close memories of present and previous generations who had plots on the allotment. It includes photos as well.

The photo shows the group of us who went on the visit.

If anyone would like to join us on our visits or join our group please let me know.

Judy W

Odd Man In?

Who are the odd men on the back cover?

Monty Don (and Nelly or Nigel) Edward Hussey III Donald Trump George Formby Page 12 Fetcham U3A

Unfinished Objects

Our UFO (Unfinished Objects) group meets each month and we aim to work on any stitching, embroidery or knitting which has been unfinished for a while!

In some cases - years !!

It gives us great satisfaction to finally finish a piece of work that has been put away for months. Other things have to be fitted in - such as grandchildren,



gardening, dog walking, craft groups and generally enjoying life.

Margaret W was given this piece of embroidery to do - by her daughter Susan, in 1981 and she has been working on it ever since when time permitted. It is a beautiful piece of work and well worth all the hours of work Margaret has put into it.

Margaret has not quite decided how she will display this - possibly it will be framed to show off all the fine stitching.

Brenda D

Publicity Essential to our U3A

his is one of my other hats, but this one is getting too tight.

Approximately every 2/3 months I put an article in the following magazines -

Ashtead/Leatherhead Look Local. The Bookham Bulletin and Dorking/ Leatherhead Vantage Magazine.

All of these fairly brief articles are printed free of charge.

The idea is to promote not only Fetcham U3A but to inform the local people exactly what U3A is, what it does and what it means. These adverts are proving to be successful and we are gaining new members from these publications.

Keeping Fit

We all know that Physical Activity is Good for Us!! Do you want to improve your fitness and mobility??

Our U3A can offer you a choice of Groups with qualified Instructors.

BOWLING: Enjoy the Summer outdoors with our U3A Bowling Group held at the friendly East Horsley Bowling Club on each Monday afternoon from 2pm. Starting this Season on the 4th May, Bowls are provided, just wear smooth soled shoes and tuition will be provided. The cost is £5.00 per session including tea and biscuits, when you attend.



Contact Mary C for more details.



PILATES: We have 2 groups held each Thursday at 11.45 and 1pm. At the studio of the instructor (next to the Squires Garden centre Horsley). Contact John D for dates of terms and availability.

PACET: These classes are chair based, designed to be fun, interactive, stimulating and planned in such a way to suit all levels of fitness. It is based on Pilates principles which will improve posture, balance, incorporating high intensity movement and cognitive exercise which will stimulate the brain and co-ordination. The classes are held at the instructor's studio in Horsley on Thursdays at

2.30pm. Terms of 6 weeks at £5.00 per session payable



For further information Contact Mary C.



in advance for the term.

FITNESS AND FUN: Physical exercise organised just for our U3A Groups on a Monday and Friday Contact Pat V for more details and availability.

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Christmas Visit to Kew Musical Museum

n December last year a party of us visited the Kew Musical Museum for a 'Christmas Concert and Afternoon Tea' and had a really good time. We started off the afternoon with a guided tour and introduction to the collection of instruments in the museum. They have many fascinating musical instruments, including really old musical boxes, barrel organs, water organs, orchestral organs, pianolas, violin playing machines and many more. We were also treated to demonstrations of the wonderful sounds of some of these instruments





After the tour we were welcomed into the concert hall with a glass of prosecco, and we settled down for our afternoon tea (including christmas crackers) and concert. We were introduced to the Mighty Wurlitzer Cinema Organ which emerged from below the stage complete with the organist. It really was an impressive sight. We enjoyed great Italian melodies both played on the organ and beautifully sung by two very accomplished singers. There were also some seasonal favourites which we could all join in in a 'sing-along', if brave enough! Festive images on the big screen

and atmospheric lighting created an afternoon to remember.

The Museum was founded in 1963 by Frank W Holland, and was housed in St George's church in Brentford. In 2007 it relocated to the purpose designed building where it is today. The Wurlitzer organ started its life in 1929 in a private residence, was then enlarged, shipped, and installed in the Regal Cinema, Kingston for the opening of the cinema in 1932. The Museum bought it to add to its collection and to save it from being destroyed in 1972.

One Hour Walkers

Robert Louis Stevenson famously said that to travel hopefully is a better thing than to arrive. I am not sure that the members of the One Hour Walking Group would agree. Much as we enjoy our one hour walks, I think it is true to say that we all enjoy our



post perambulation cup of coffee and conversation as much, if not more, than the walking itself. As you can see from these pictures, we certainly do enjoy the walks though!

Anne F

Grubs in your Apples/Plums? Read On

Plums

Plum moth is to blame. After egg laying in May/June caterpillars hatch and crawl into the fruit via the stalk. They grow up to 12mm in length inside the plum and can be identified easily by their pale pink body and brown head. Cut open an infected fruit and you will find the caterpillar and brown excrement next to the stone where

it has been feeding. Infected fruit is unfit to eat. The earliest ripening fruit will almost certainly be affected because the caterpillar accelerates the ripening process. When fully fed they emerge and overwinter inside silk cocoons under loose bark and other concealed places, including the earth under the tree.

Continued over

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Apples

Codling moth is the culprit here.
Adult moth emerges and lays eggs near developing fruit. After hatching the small white, brown-headed caterpillar bores into the fruit and feeds in the core region for about 4 weeks. When fully grown it emerges from the fruit and often its exit hole can clearly be seen. It then overwinters in leaf litter or loose bark and pupates in the spring to start a new cycle. Cut open an infected apple and you will see the tunnels created by the caterpillar, feeding damage and excrement pellets.

Control

Surprisingly controlling these pests is similar and starts with a pheromone trap. These traps are open-ended boxes shaped like small houses with double pitched roofs in a waterproof green material. Inside the box there is a sticky card which fits neatly inside. A pheromone pellet is placed in the middle of the sticky card and the whole contraption hangs in the middle of the tree. The theory is that the pellet emits a synthetic pheromone smell and is a copy of the volatile compound produced by female moths. The male moths enter the box and are trapped by the sticky substance inside. The next step is to

monitor the traps regularly and when there is a heavy infestation spray the tree using Provado Ultra Fruit and Vegetable Bug Killer or Westland Resolva Bug Killer. Spraying should not be later than the third week of June, followed by a second spraying three weeks later.

Other tips

Ensure all windfalls are removed from under the tree as soon as possible and taken off site. Cover the ground under the tree with mypex to stop the caterpillars burrowing into the soil. Remove all leaves and debris, effectively removing all hiding places for overwintering embryos. Use grease bands on the trees to stop crawlers and apply a winter wash application paying particular attention to the main trunk of the tree which will harbour overwintering pests.

Finally

In 2017 I lost 95% of my plums with plum moth as I relied totally on the pheromone traps and did not spray. I estimate that at least 50% of apples had codling moth. This year I followed all the advice given above and I have lost less than 5% of the plums and I have no codling moth damage at all in my apples.

Judy W

Jenny's Puzzle Corner (Answers)

- 1 Suella Braverman
- 2 "Play it Sam"
- 3 Tigon
- 4 Valerie Singleton, Peter Purvis and John Noakes
- 5 Harry Kane
- 6 Dame Shirley Bassey (Goldfinger, Diamonds are Forever and Moonraker)
- 7 Ronald Reagan
- 8 An Ostentation
- 9 Chesterfield
- 10 Chutzpah

This newsletter with its many photographs may be viewed in colour on our website www.fetchamu3a.org. uk

Editor this issue: Judy O
Cover Design: John W
Insert: John C

We always confirm contributions. If you do not receive a confirmation of your contribution please check with the Editor.

Articles and items for October 2020 Newsletter should be with John C by the 5 September 2020 please.













The Newsletter of Fetcham University of the Third Age